



Cafe Menu

Turkey Wrap- \$6.75

Roasted Turkey breast*, Cheddar cheese*, cucumber, tomato, hummus*, wheat wrap*

Chicken Caesar Wrap- \$6.75

Roasted Chicken Breast*, Caesar dressing*, parmesan cheese, romaine lettuce

Almond Butter and Jelly Sandwich- \$5.00

Organic almond butter*, Organic grape jelly*, wheat bread*

Cheese Sandwich- \$5.00

Wheat bread*, natural cheddar cheese*, natural monterrey jack cheese*

Asian Tofu Salad- \$7.50

Organic Teriyaki Tofu*, Organic mixed greens, cucumber, tomato, carrot, almonds, Asian Dressing*

Chicken Salad with Rice Crackers (GF)- \$6.00

Roasted Chicken Breast*, safflower mayonnaise*, carrots, celery, organic raisins, sea salt, gluten free rice crackers*
\$6.00

Pesto and Quinoa Pasta Salad (GF)- \$5.75

Quinoa pasta*, pesto*, grape tomatoes

Cheese and Fruit Plate (GF) -\$6.25

Cheddar cheese, Monterrey jack cheese, crackers*, mixed fruit

Hummus Plate with Pita and Veggies- \$5.75

Hummus*, Whole Wheat Pita*, Carrots, Celery, Cucumber

Whole Fruit- \$0.90

Organic Yogurt- \$2.00

Zucchini Bread OR Banana-Nut Bread- \$2.50

Kid's Value Pack- \$6.50

Sandwich, Juice Box, Raisins or Fresh Fruit